

Two Actions Today Worksheet

Small steps today, big rewards tomorrow

This worksheet is designed to help you identify and take immediate action on two simple things that will make your life better 10 years from now. Answer the guiding questions below, then commit to your actions.

1. What is one habit you wish you had started 10 years ago?

2. What is one skill you want to master that will benefit you in the future?

3. What area of your health could you strengthen today?

4. What relationship do you want to invest more time in?

5. What financial step could you take today for long-term security?

6. What project or dream have you been putting off?

7. What small daily action would bring you more peace of mind over time?

8. What do you want your future self to thank you for?

9. Where could you apply more discipline in your daily routine?

10. What is one thing you could stop doing that drains your energy?

Action 1:

Action 2: